|  |  |
| --- | --- |
| Title |  |
| Full Name |  |
| Address |  |
|  |
|  |
| Postcode |  |
| D.O.B and Age (as of 05/06/2025) |  |
| Mobile Contact number |  |
| Telephone Contact number |  |
| Email Address |  |
| Emergency contact name and relation |  |
| Emergency contact number |  |
| Estimated 300m swim time (please be accurate) | : |
| Date of entry  |  |

Please tick which event you would like to enter:

Race 1 (05/6/25) £17.50

Race 2 (26/6/25) £17.50

Race 3 (17/7/25) £17.50

**Full series £35.00 (entries before 18/05/2025)**  £45 (entries after 19/05/2025)

SSLL6699GH

**Closing date for Series Entry is 31/5/25**.

**T – shirts are included in the entry fee to anyone competing in the full series.**

T – shirt size Male: XS S M L XL XXL Female: insert size number

Data Protection Act: The information you have provided will be stored on a central database. It will be used by Sherborne Sport & Leisure Ltd trading as Oxley Sports Centre, who will administer leisure services and activities. If you would like to opt into our marketing mailing list so that we can share our current offers, news and information with you, please tick the box below. We will never pass on your details on to third parties. You will be able to unsubscribe at any time.

Please indicate if you wish to receive such information by circling: YES / NO

Please specify which ways we can contact you:  Email Social Media Telephone

By participating in the event I consent to any images captured being used for the of promotion of future events.
 If under 18 years of age – I am happy for my child to be photographed for future marketing purposes. YES / NO signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

By entering this event, I am allowing the use of my full name and age to be displayed on the website for Race times and leader boards.

**ALL ENTRIES MUST BE RECEIVED TO OXLEY SPORTS CENTRE BY THE SPECIFIED CLOSING DATES, NO LATE ENTRIES**

Signature: Date:

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Regular Activity is fun, healthy and more people become more active every day. Becoming more active is safe for most people, but in some cases, people should check with their doctors before commencing exercise. Please answer the following questions honestly.

Do you currently suffer, or have you ever suffered from any of the following conditions? Tick box for yes.

1. Heart or Circulatory problems? □

2. Blood pressure problems? □

3. Joint, movement problems? □

4. Feel dizzy or imbalance during exercise? □

5. Currently pregnant or recently given birth? □

Health History

Do you currently receive medical care for or do any of the following affect you?

1. Back/spinal pain? □

2. Headaches or migraines? □

3. Have you recently had surgery? □

4. Currently being prescribed medication? □

5. Recently finished a course of medication? □

What is/was this treating? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6. Diabetes? □

7. Asthma or breathing problems? □

If you ticked any of the points above or if there is any other reason that you believe may prevent you from taking part in regular exercise please give information below, otherwise leave blank.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Declaration

I have answered all question in this form honestly, and I am aware that if I have answered YES to any of the questions, I will need to consult my GP before committing to the event, if at a later date there are any changes to my medical condition or health, I agree to approach a member of staff and update the centre on any changes. I understand that I am ultimately responsible for my own health and wellbeing and therefore will exercise within my capabilities always following the advice of medical practitioners and Oxley Sports Centre Staff.

You agree that you participate in the event at your own risk and accept that the Event Organiser cannot be liable to the fullest extent permitted by law, for any personal injury sustained by you in any way or loss or damage to any personal property as a result of your participation in the event.
Please be aware this event is not sanctioned by an official governing body.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

The Oxley Super Sprint Series this summer will be three race events and the fastest male and female will have their names forever etched in a trophy that will be displayed at Oxley Sports Centre.

Each race will be made up of; a 300-metre swim in our pool, a 4-kilometre sprint on one of our studios cycling bikes, and a 2-kilometre run on the Astro pitch.

Competitors can choose to enter a single race or the full series, the race dates are as follows:

* Race 1 05/06/2025 19:00 Closing date 29/05/2025
* Race 2 26/06/2025 19:00 Closing date 19/06/2025
* Race 3 17/07/2025 19:00 Closing date 10/07/2025

**Entries for the full series must be submitted by the 31st of May 2025, there will be a £10 discount to all those who enter the full series before the 18th of April 2025.**

Closing dates for entries to the individual events can be seen in the red text above. **No Late Entries**.

Each race will cost £17.50, if you choose to enter the full series it will cost £50 (£40 for entries before 18/05/2025)

All competitors entering the **full series** will receive a free event t-shirt. You will receive the shirt upon completion of the series.

To have a chance to qualify for the series finals you must enter the full series, your fastest two race times will count towards qualifying, the series finals will comprise of the top 12 men and women and will be free of charge to race in.

To enter, please complete and return the signed entry form along with the signed waiver.

Entries will only be confirmed once payment has been received.

Limited spaces available, people entering the full series will be given priority if the event is oversubscribed.

All entrants must provide an accurate prediction of their 300m swim time in order to help organisers divide people into the appropriate heats.

Participants will be required to watch a briefing video before the day of their race, this will be available on our website. The full rules will also be available to download.

If you wish to use cleats on the bikes, please be aware the bikes are an SPD mountain bike cleat.

Please bring something to store your kit in at the transition point.

Entrants must be 14 years or over in order to participate.

Full names, ages and event results will be displayed on the website results page. Please be aware this event is not sanctioned by an official governing body, as it is taking place in full within the confines of Oxley Sports Centre. It has been organised to give people a taste of Triathlon.